

When making a journey to find safety there's some things that are important to remember to keep yourself safe...

Before travelling



Communicate your intended route to family members



Take a picture of your passport and send it to your family



Set-up a buddy system to monitor and help each other



Not everyone can be trusted



Be careful of offers that are too good to be true



The emergency number in the European Union is 112

When travelling



Use public transport where possible



Try to travel in a group



Keep family informed about your journey and location



Use a buddy system to monitor and help each other



If you get in a vehicle, ask permission to take a photo of the driver's license and car's plate and send this to your family or your buddy



If something seems suspicious, follow your instinct and trust yourself



Agree to a code word with your buddy and family, so you can secretly alert them if you are scared



If you are feeling unsafe, seek support from the Red Cross, another aid organization or the authorities



If in danger, call the emergency number in the European Union – 112